

Nutrition Facts

About 22 servings per container

Serving size 1/4 cup (40g)

Amount Per Serving

Calories

100

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 24g 6%

Dietary Fiber 4g 16%

Total Sugars 18g

Includes 0g Added Sugars 0%

Protein 1g

Vitamin D 0mcg 0%

Calcium 20mg 2%

Iron 1mg 2%

Potassium 600 mg 12%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.